

Sedentary
time



Fun facts

- Many visitors hike the Inca Trail in Peru to reach Machu Picchu.
- The trail is 27 miles and usually takes hikers 4-5 days.
- Machu Picchu was built by the Incas around 1450-1460 A.D.
- It is believed that Machu Picchu was a royal estate for the Inca emperor.
- There are over 150 buildings at Machu Picchu, ranging from baths and houses to temples and sanctuaries.
- In the native Inca language, "Machu Picchu" means "Old Peak."
- Today, Machu Picchu is one of the New Seven Wonders of the World.